## COVID-19 (coronavirus) absence: A quick guide for parents / carers

Insert relevant logo

What to do if	Action needed	Back to school
my child has COVID- 19 (coronavirus) symptoms*	<ul> <li>Child shouldn't attend school</li> <li>Child should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	when child's test comes back negative and child is well enough
my child tests positive for COVID-19 (coronavirus)	<ul> <li>Child shouldn't attend school</li> <li>Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>Inform school immediately about test results</li> <li>Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	when child feels better, and has been without a fever for at least 48 hours They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
somebody in my household has COVID- 19 (coronavirus) symptoms*	<ul> <li>Child shouldn't attend school</li> <li>Household member with symptoms should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	when household member test is negative, and child does not have COVID-19 symptoms*
somebody in my household has tested positive for COVID-19 (coronavirus)	<ul> <li>Child shouldn't attend school</li> <li>Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	when child has completed 14 days of self-isolation, even if they test negative during the 14 days

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at:

https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/

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NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)	<ul> <li>Child shouldn't attend school</li> <li>Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days</li> <li>Rest of household does not need to self-isolate, unless they are a 'close contact' too</li> </ul>	when the child has completed 14 days of self-isolation, even if they test negative during those 14 days
we / my child has travelled and has to self- isolate as part of a period of quarantine	<ul> <li>Do not take unauthorised leave in term time</li> <li>Consider quarantine requirements and FCO advice when booking travel</li> <li>Provide information to school as per attendance policy</li> <li>Returning from a destination where quarantine is needed:</li> <li>Child shouldn't attend school</li> <li>Whole household self-isolates for 14 days – even if they test negative during those 14 days</li> </ul>	when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days
we have received advice from a medical / official source that my child must resume shielding	<ul> <li>Child shouldn't attend school</li> <li>Contact school as advised by attendance officer / pastoral team</li> <li>Child should shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	when school / other agencies inform you that restrictions have been lifted and your child can return to school again
I am not sure who should get a test for COVID -19 (coronavirus)	<ul> <li>Only people with symptoms* need to get a test</li> <li>People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive</li> </ul>	when conditions above, as matching your situation, are met
For further information: gmhscp.contacttracing@nhs.net gov.uk/backtoschool		